



Kent Emotional Wellbeing Teams  
Medway Emotional Support Teams

# Parent Sessions

## Introduction to the Emotional Wellbeing Team

**Hawkhurst Primary School**

**2:45pm Thursday 18th September**



Zuska Kennard, your school's Emotional Wellbeing Practitioner, would like to invite you to our parent introduction to the Emotional Wellbeing Team.

Please come along for a short presentation and an opportunity to meet the team.

The Emotional Wellbeing Team is specially trained to help children at school with their wellbeing and mental health. We understand that from time to time children need additional support so we're here to help. We believe that getting early help can prevent difficulties from getting bigger so that children can enjoy their life.

We work alongside everyone in the school community to promote a 'whole school approach' to emotional wellbeing and mental health. We can also think with parents about their children's feelings and behaviour, sharing information and working together to find a way forwards.

**We look forward to meeting you.**

