

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Kent Summer Silver Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognese	Roast Pork Loin with Roast Potatoes & Gravy	Mediterranean Chicken with Rice	Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce
16/04/2018 07/05/2018 04/06/2018 25/06/2018 16/07/2018	Vegetarian	Wholemeal Pasta Neapolitan with Spinach	Soya Mince Bolognese	Quorn Roast with Roast New Potatoes & Gravy	Vegetable Enchiladas with Rice	Cheese, Onion and Spinach Quiche with Chips
		Carrots Garden Peas	Sweetcorn Broccoli	Swede & Green Beans	Medley of Vegetables	Baked Beans Garden Peas
	Dessert	Wholemeal Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Lemon Drizzle with Lemon Custard Yoghurt Fresh Fruit Platter	Apple Pie with Custard Yoghurt Fresh Fruit Salad	Iced Sponge Yoghurt Fresh Fruit Salad
Week 2	Main	Chicken Arabiata Pasta with Garlic Bread	Beef and Bean Fajitas with New Potatoes	Roast Turkey with Roast Potatoes & Gravy	Chicken Korma with Rice	Fishwich with Chips, Tomato Sauce
23/04/2018 14/05/2018 11/06/2018 02/07/2018 23/07/2018	Vegetarian	Vegetable Lasagne with Garlic Bread	Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread	Lentil and Basil Puff Pastry Turnover with Roast Potatoes	Macaroni Cheese with Tomato topping	BBQ Quorn Wrap
		Peppers & Sweetcorn Mix	Mixed Green Salad Coleslaw	Medley of Vegetables	Broccoli Sweet corn	Baked Beans Garden Peas
	Dessert	Berry and Apple Cobbler & Cream Yoghurt Fresh Fruit Salad	Oaty Cookie with Fruit Yoghurt Fresh Fruit Platter	Pear Crumble with custard Yoghurt Fresh Fruit Salad	Chocolate Mandarin Sponge with Choc Sauce Yoghurt Fresh Fruit Platter	Fruit Yoghurt Fresh Fruit Salad
Week 3	Main	Cajun Chicken with Rice	Wholemeal Beef and Red Pepper Pizza with Baby New Potatoes	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Beef Lasagne with Garlic Slice	Fish in Batter, Chips, Tomato Sauce
30/04/2018 21/05/2018 18/06/2018 09/07/2018	Vegetarian	Lentil and Sweet Potato Curry with Rice	Cheese and Tomato Pizza with Baby New Potatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Spanish Omelette with Chips
		Carrots Peas	Pepper and Sweetcorn mix	Medley of Vegetables	Green Beans and Cauliflower	Garden Peas Baked Beans
	Dessert	Apple Crumble with Custard Yoghurt Fresh Fruit Salad	Peach upside Down cake Yoghurt Fresh Fruit Platter	Rice Pudding with Mixed Berries Yoghurt Fresh Fruit Sa	Apple Flapjack Yoghurt	Vanilla Shortbread Yoghurt



Available Daily
Cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt